Medical treatment

ADHD



PAX medica

Medical Starter Package for ADHD Treatment

Includes:

- For Adults: 2-hour digital group course about ADHD for the patient and a relative.
- For Children: A digital meeting with a special education teacher to increase understanding and provide tools for managing ADHD.
- Doctor's consultation (45 minutes) for information and initiation of medication.
- Two follow-up appointments with a specialist nurse.

Continuation:

- Additional follow-ups and adjustments vary individually until the medication is correctly set. Follow-ups beyond the starter package are billed separately.
- Once the medication is stabilized, follow-ups are conducted every three months with us. Alternatively, the patient can be referred to public psychiatry for continued care free of charge.

PAX – More Than Just ADHD Assessments

At PAX Psychologist & Specialist Medical Clinic, we offer a range of services to support you through different stages of life. Our team of psychologists and specialist doctors helps you access the right support, treatment, and tools to feel better and grow.

- Psychological Treatment & Therapy – Tailored support for anxiety, depression, trauma, and more.
- Medical Assessments & Treatment – Specialist evaluations, treatment, and medication.
- Support with Work and Studies – Tools and strategies to handle everyday challenges.
- Other Psychological Assessments – For example, military enlistment or second opinions.
- Corporate Therapy – Support your employees and help your business thrive.

miniPAX – A *Cost-Free* Alternative

As a Swedish citizen, you can undergo a neuropsychiatric assessment free of charge at miniPAX in Copenhagen through the EU's cross-border healthcare system (EES). You receive a fast and comprehensive NP assessment by both a psychologist and a psychiatrist — without the long waiting times in Sweden. Afterwards, treatment can continue digitally or at PAX in Malmö.
In short: fast, specialised care — at no cost to you. Contact us for more information.

About Us

At PAX Psychologist & Specialist Medical Clinic, you'll meet experienced specialist psychologists and doctors who have worked closely together for many years. We combine warmth with high expertise and focus on the strengths of each individual and family in our therapeutic work.

We are a close-knit team united by a shared vision of what psychiatric care should be – present, supportive, and compassionate. With us, you receive private and tailored care, where we work together to find the best approach for your unique needs. We offer high availability and flexible solutions, with parts of the treatment available digitally.

We take a holistic view and help you find the way forward!



Who Can Receive Treatment?

Not all medication requests lead to treatment. A physician will always make an initial assessment. To ensure safe care, we only offer medical treatment when there is no psychiatric comorbidity or medical contraindication. ***This first assessment is free of charge.***

Documentation required before initiating assessment

Have you not seen a physician as part of your neuropsychiatric assessment? In both Sweden and Denmark, NP assessments are sometimes carried out without a medical evaluation. However, to begin ***medical treatment***, a complete medical assessment is always required to ensure that the body can safely tolerate the medications used in this type of treatment. This medical documentation can be prepared at PAX, or submitted if it has already been issued by another healthcare provider. In some cases, additional examinations may be needed — for example, an ECG if a heart murmur is suspected — but these are not performed at PAX. ***Feel free to contact us and we'll explain what is needed in your specific case***.

ADHD Medication for Adults

ADHD doesn't only affect children – many adults live with symptoms that can impact work, relationships, and daily life. At PAX Psychology & Specialist Medical Clinic, we offer support and treatment for adults with ADHD, whether you've recently received a diagnosis or have been living with it for years.

Here's how it works:

- Diagnosis & Assessment – If you've already had an evaluation with us or can provide a previous diagnosis or report, we'll help you move forward.
- Treatment Information – We'll review our treatment policy and determine whether medication or other interventions may be right for you.
- Further Medical Evaluation – If medication is considered appropriate and you agree to the treatment plan, we can offer you a personalized medical strategy.
- Follow-up & Support – Regular medical check-ups with our specialist ensure that the treatment is effective and any side effects are addressed.

With us, you'll receive safe and personalized care, helping you develop strategies to manage your ADHD and build a more balanced everyday life.

ADHD Medication for Children

ADHD in children can impact school performance, social relationships, and daily routines. At PAX Psychology & Specialist Medical Clinic, we offer support for children and families to create the best conditions for growth and well-being.

Here's how it works:

- For children aged 7 and up who have already completed an evaluation at PAX, or can provide a previous diagnosis/report, we help you take the next step.
- First step – We review the evaluation and inform you about available treatment options.
- Assessment & Treatment Plan – If medical treatment is deemed appropriate and approved by the guardians, the child can receive an individually tailored treatment plan.
- Follow-up & Medical Monitoring – The child is regularly followed up by a doctor and nurse to ensure the treatment is effective and adjusted as needed.

We work closely with children and parents to create a safe and stable foundation, giving the child the right tools to manage their ADHD.



Zora Rief
Medical Director


mini PAX
Psychologist & Specialist Medical Clinic
Kongens Nytorv
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Nyhavn
Nyhavn
Herluf Trolles Gade
Holbergsgade
Holbergsgade
Asylgade
Bremerholm
Havnegade
Holmens Kanal
PAX
Havnegade
Promenaden
Havnegade
Børsgade
Krøyers Plads
Strandgade
Strandgade
Wilders Pl.
Brobergsgade
Andreas Bjørns Gade
Asiatisk Pl.
Asiatisk Pl.
Strandgade
Torvegade
Strandgade
Bådsmandsstræde
Vor Frelsers Kirke
Prinsessegade
Christians Kirke
Christianshavn